SUMMER'S COMING!





Starts with our Red Tractor British Beef
Meatballs served with Pasta and continues
with our delicious British Beef Lasagne on
Thursday 25th April. Our fresh meat is always
British and is sourced from our fantastic local
family butcher.

ST GEORGE'S DAY

23 April

To celebrate St George's day on Tuesday 23rd April we are serving England's favourite, Mild Chicken Tikka Masala with mini naan bread. Give it a go, so good that 25 million of us eat it every year, we can't all be wrong.

80TH ANNIVERSARY OF

D-DAY

6 JUNE

Ouring the Normandy landings, British soldiers would identify each other by crying out, "Fish" and waiting for the response of "Chips" so it is fitting that Fish and Chips are on the menu this Thursday to mark this momentous occasion.











Some other bits you need to know...

FOOD ALLERGIES

It is your responsibility to order a meal your child can safely eat.

To make this as easy as possible for you we have detailed the five most common allergens on the menu. These symbols show meals that 'contain' specified allergens.

Ingredients for all our meals can be found by clicking on a meal choice on the online ordering system. For further allergen details please refer to the full allergen list at **localfoodlinks.org.uk/allergies**

Some side dishes or sauces are optional; gravy, custard, cheese, mayonnaise, spread and bread can be omitted to make your selection allergy compliant.

We will work with you to provide allergen free meals for children who have medically confirmed food allergies. To discuss in more detail please contact barry.dovell@localfoodlinks.org.uk

FREE SCHOOL MEALS

If your child is in KS1 they can enjoy a hot school meal for free everyday!

For children in KS2 the price is £2.50 per meal. Some children in Yr3 or above may be entitled to **free meals** if their parents receive financial support.

To find out if you are entitled, contact your local authority.

ORDERING

All meals need to be ordered (or amended)

7 days in advance.

ORDER AT my.localfoodlinks.org.uk

Any problems call **01308 420269**

WEDNESDAY 17 APRIL

Roast Beef with Yorkshire Pudding,

Roast Potatoes, Vegetable Medley

MSC Fishcake with Chips, Peas,

Sweetcorn, Tomato Ketchup

Vegetable & Bean Enchilada

with Chips, Peas, Sweetcorn,

Cucumber & Tomato Ketchup

Tomato Ketchup

Vanilla Cookie

or Fresh Fruit

Ham Roll with Chips,

FRIDAY 19 APRIL

MONDAY 15 APRIL

GD

GDS

GD

Ham & Cheese Pizza with Baked Beans & Corn Cob

Cheese & Tomato Pizza with Baked Beans & Corn Cob.

Jacket Potato with Salsa, Sour Cream & Carrot Sticks

Fruity Oat Cookie or Fresh Fruit

MONDAY 22 APRIL

LFL 5 Veg Tomato Sauce with British Beef Meatballs, Wholemeal Pasta, Grated Cheese & Peas

LFL 5 Veg Tomato Sauce with Plant Packed Meatballs, Wholemeal Pasta, Grated Cheese & Peas

Jacket Potato with Ham & Cucumber

Fruity Oat Slice

MONDAY 29 APRIL

British Beef Bolognaise with Wholemeal Pasta, Carrots & Green Beans

Veg Packed Bolognaise with Wholemeal Pasta, Carrots & Green Beans

Jacket Potato with Spaghetti Hoops & Grated Cheese

MONDAY 6 MAY

Fruity Flapjack Biscuit

TUESDAY 16 APRIL

- LFL 5 Veg Tomato Sauce with Butchers Sausage, Wholemeal Pasta
- Best of British Sausage, Wholemeal Pasta & Peas GDS
 - Cheese Roll with Caramelised Onion Twist & Cucumber
 - Mini Ginger Biscuit & Pineapple

TUESDAY 23 APRIL

England's Favourite Mild Chicken

Mild Quorn Tikka Masala with

Rice, Vegetables & Mini Naan

Jacket Potato with Baked Beans

TUESDAY 30 APRIL

Pork & Apple Burger in a Roll

with Baked Beans & Sweetcorn

Cheese & Bean Burger in a Roll

with Baked Beans & Sweetcorn

TUESDAY 7 MAY

LFL 5 Veg Tomato Sauce with Pasta,

Grated Cheese & Green Beans

Pesto Pasta with Grated Cheese

Tuna Roll with Pesto Pinwheel

Mini Chocolate Cookie

& Orange Wedge

& Green Beans

Flapjack or

Jacket Potato with Salsa,

Sour Cream & Carrot Sticks

Tikka Masala with Rice,

& Grated Cheese

Victoria Sponge

or Fresh Fruit

& Cucumber

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Vegetables & Mini Naan

Cauliflower & Broccoli Cheese with LFL 5 Veg Tomato Sauce with Quorn Yorkshire Pudding, Roast Potatoes,

& Gravy

- Vegetable Medley & Gravy Tuna Roll with Pesto Pinwheel GDSFE
- Dorset Apple Cake or Fresh Fruit GE

& Carrot Sticks

MIDWEEK ROASTS

WEDNESDAY 24 APRIL

Roast Pork Loin with Roast Potatoes, Country Vegetables & Gravy

Quorn Roast with Roast Potatoes, Country Vegetables & Gravy

Cheese Roll with Caramelised Onion Twist & Cucumber

WEDNESDAY 1 MAY

Roast Turkey with Roast Potatoes,

Plant Powered "Meat" Loaf with

Cheese Roll with Marmite Twist

WEDNESDAY 8 MAY

Devonshire Butchers Sausage with Roast Potatoes, Yorkshire Pudding, Mixed Vegetables & Gravy

Quorn Best of British Sausage with

Roast Potatoes, Yorkshire Pudding,

Mixed Vegetables & Gravy

Cheese Roll with Caramelised

Mini Ginger Biscuit & Pineapple

Onion Twist & Cucumber

Roast Potatoes, Country Vegetables

Country Vegetables & Gravy

Oat Cookie or Fresh Fruit

& Gravy

& Carrot Sticks

Raspberry Cake

or Fresh Fruit

MIDWEEK ROASTS

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MIDWEEK ROASTS

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British Beef Lasagne with Baby

THURSDAY 18 APRIL

Chicken & Bacon Casserole with

Mashed Potato Topping, Baby

Quorn & Vegetable Casserole with Mashed Potato Topping,

Baby Carrots & Green Beans

Jacket Potato with Spaghetti

Mini Flapjack & Kiwi Wedge

Hoops & Grated Cheese

Carrots & Green Beans

Carrots & Greens Veg Packed Lasagne with Baby

Tuna Roll with Pesto Pinwheel & Carrot Sticks

Chocolate Flapjack & Orange Wedge

Carrots & Greens

THURSDAY 25 APRIL FRIDAY 26 APRIL

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MSC Fish Fingers in a Roll with Potato Wedges, Sweetcorn & Tomato Ketchup

Fishless Fingers in a Roll with Potato Wedges, Sweetcorn & Tomato Ketchup

Jacket Potato with Cheese & Cucumber

Jammy Cupcake or Fresh Fruit

MSC Breaded Fish with Chips, Peas & Tomato Ketchup

Cheese & Leek Sausage with Chips, Peas & Tomato Ketchup

FRIDAY 3 MAY

GDSE Egg Mayo Roll with Chips & Crudites GD

Chocolate Crispy Cake or Fresh Fruit

THURSDAY 2 MAY

Macaroni Cheese with Wyke Farm Cheddar, Green Beans & Tomato Ketchup

Veg Packed Tomato Soup with a Cheese Baguette

Jacket Potato with Ham

Mini Shortbread & Watermelon

THURSDAY 9 MAY

BBQ Chicken with Colourful Rice, Peas, Grated Cheese & Tortilla Wrap

BBQ Quorn with Colourful Rice, Peas, Grated Cheese & Tortilla Wrap

Jacket Potato with Tuna Mayo & Carrot Sticks

Mini Oat Cookie & Melon

THURSDAY 16 MAY

British Beef Lasagne with Baby

Veg Packed Lasagne with Baby

FRIDAY 10 MAY

MSC Battered Fish with Potato Wedges, Sweetcorn & Tomato Ketchup

Vegetable & Bean Enchilada with Potato Wedges, Sweetcorn & Tomato Ketchup

Ham Roll with Chips, Cucumber & Tomato Ketchup

FRIDAY 17 MAY

with Potato Wedges, Sweetcorn

with Potato Wedges, Sweetcorn

Vanilla Cookie or Fresh Fruit

MSC Fish Fingers in a Roll

Fishless Fingers in a Roll

& Tomato Ketchup

& Tomato Ketchup

Jacket Potato with

Cheese & Cucumber

MONDAY 13 MAY

LFL 5 Veg Tomato Sauce with British Beef Meatballs, Wholemeal Pasta, Grated Cheese & Peas

LFL 5 Veg Tomato Sauce with Plant Packed Meatballs, Wholemeal Pasta, Grated Cheese & Peas

Jacket Potato with Ham

Fruity Oat Slice

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TUESDAY 14 MAY

Mild Chicken Tikka Masala with GD Rice, Vegetables & Mini Naan

> Mild Quorn Tikka Masala with Rice, Vegetables & Mini Naan

Jacket Potato with Baked Beans & Grated Cheese

Victoria Sponge or Fresh Fruit

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Flapjack

or Fresh Fruit

MIDWEEK ROASTS WEDNESDAY 15 MAY

Roast Pork Loin with Roast Potatoes, Country Vegetables & Gravy

Quorn Roast with Roast Potatoes, Country Vegetables & Gravy

Cheese Roll with Caramelised Onion Twist & Cucumber

Oat Cookie or Fresh Fruit

Tuna Roll with Pesto Pinwheel **GDSFE** & Carrot Sticks

Carrots & Greens

Carrots & Greens

Chocolate Flapjack & Orange Wedge

Jammy Cupcake or Fresh Fruit

FRIDAY 24 MAY

MSC Breaded Fish with Chips,

Egg Mayo Roll

Chocolate Crispy Cake

MONDAY 20 MAY

British Beef Bolognaise with Wholemeal Pasta, Carrots & Green Beans

Veg Packed Bolognaise with Wholemeal Pasta, Carrots & Green Beans

Jacket Potato with Spaghetti Hoops & Grated Cheese

Fruity Flapjack Biscuit or Fresh Fruit

TUESDAY 21 MAY

Pork & Apple Burger in a Roll with Baked Beans & Sweetcorn

Cheese & Bean Burger in a Roll with Baked Beans & Sweetcorn

Tuna Roll with Pesto Pinwheel & Cucumber Jacket

Mini Chocolate Cookie & Orange Wedge

MIDWEEK ROASTS WEDNESDAY 22 MAY

Roast Turkey with Roast Potatoes, Country Vegetables & Gravy

Plant Powered "Meat" Loaf with Roast Potatoes, Country Vegetables & Gravy

Cheese Roll with Marmite Twist & Carrot Sticks

Raspberry Cake or Fresh Fruit



THURSDAY 23 MAY

Macaroni Cheese with Wyke Farm Cheddar, Green Beans & Tomato Ketchup

Veg Packed Tomato Soup with a Cheese Baguette

Jacket Potato with Ham & Cucumber

Mini Shortbread & Watermelon

Peas & Tomato Ketchup

Cheese & Leek Sausage with Chips, Peas & Tomato Ketchup

with Chips & Crudites

or Fresh Fruit



GE

MONDAY 3 JUNE

Somerset Cheese & Tomato Pizza with Mini Jacket Potato & Peas

Plant Powered Sausage Roll with Mini Jacket Potato & Peas Jacket Potato with

Quorn Cowboy Casserole

Chocolate Shortbread or Fresh Fruit

CONTAINS ALLERGENS



LFL 5 Veg Tomato Sauce with Pasta, Grated Cheese & Green Beans

Pesto Pasta with Grated Cheese & Green Beans Jacket Potato with Salsa, Sour Cream & Carrot Sticks

GDSFE

MIDWEEK ROASTS WEDNESDAY 5 JUNE Roast Gammon with Roast Potatoes, Country Vegetables

& Gravy

Cauliflower & Broccoli Cheese with Roast Potatoes, Country Vegetables & Gravy

Mini Ginger Biscuit & Pineapple

& Cucumber





Peas & Tomato Ketchup Fishless Fingers with Chips,

Peas & Tomato Ketchup Jacket Potato with Cheese & Carrot Sticks

Mini Oat Cookie & Melon



Mashed Potato, Baked Beans & Corn Cob

Quorn Best of British Sausage with Mashed Potato, Baked Beans & Corn Cob Cheese Roll with Caramelised

Onion Twist & Cucumber Vanilla Cookie or Fresh Fruit



G Gluten

D Dairy

S Soya

F Fish

G

C Coconut