How to set up Parental Controls

Switch on "Google Safe" search

This will help block explicit images, videos and websites from Google Search results.

1. To do this go, to the website - https://www.google.com/preferences
2. Tick the ☑ Turn on SafeSearch box.
3. Scroll down the page until you see **Save** and click on this button to save the preferences.

Switch on "restricted mode" for YouTube

Here you have two options: you can either turn restricted mode on every time you go to YouTube or you can sign into a YouTube account and turn the "restricted mode" setting on, once enabled, "restricted mode" remains on regardless of whether you're logged in or not. Make sure you sign out of the account that turned "restricted mode" on so that other users of the computer can't change the setting.

1. Go to www.youtube.com
2. If you are signed in, click on the account icon in the top right corner on the YouTube site or app.
3. Click on Restricted Mode and where it says **ACTIVATE RESTRICTED MODE** toggle this to **'On'**.
4. If you are not signed in, you need to click on ⋮ setting (top right corner) and repeat the above.

Apple devices

Make sure you have set up restrictions on an Apple device so you can block or limit specific apps and features on your child's iPhone, iPad, or iPod touch.

For more information on how to do this go to:

https://support.apple.com/en-gb/HT201304

Microsoft Family

Microsoft Family is a free service that helps families stay connected. It also helps to keep children safer on Windows 10 and Xbox One devices with features like: activity reporting; screen time limits and content restrictions. Have a look at the website link below to read all about it:

https://account.microsoft.com/family/about

PlayStation parental controls

If your child has a PlayStation, then you can restrict access to certain content or features using parental controls. Have a look at the website links below to read all about it:

- **PS4**
  https://www.playstation.com/en-gb/get-help/help-library/my-account/parental-controls/ps4-parental-controls/
- **PS5**
  https://www.playstation.com/en-gb/support/account/ps5-parental-controls-spending-limits/

Google Play parental controls

You can turn on parental controls for devices that use Google Play and restrict what content can be downloaded or purchased based on the age or your child. Have a look at the website link below to read all about it:

https://support.google.com/googleplay/answer/1075738?hl=en

Nintendo DS parental controls

Parental Controls can be set at any time on Nintendo 3DS family systems. It is possible to configure these options while setting up the Nintendo 3DS family system for the first time and then after this point, they can be altered via System Settings. Have a look at the website link below to read all about it:

https://www.nintendo.co.uk/Support/Parents/Safety/Nintendo-3DS-Parental-Controls/Setting-Nintendo-3DS-Parental-Controls/Setting-Nintendo-3DS-Parental-Controls-907330.html

Disney+

Disney+ content was primarily aimed at children and young people, with most of the content being covered under the familiar Disney brand. However, Disney+ has broadened their content to include more adult themed media under the banner of Disney+ Star. This new feature includes more films, TV series and documentaries aimed at more mature audiences. To work alongside these new titles the platform has enabled some privacy features which parents and carers can use to restrict certain content for younger members of the family.

https://help.disneyplus.com/csp?id=csp_article_content&sys_kb_id=9582efcbdb1aac50055ceadc13961917

Add parental controls to your home broadband

All broadband suppliers should provide parental controls that you can switch on when using the internet at home. Below are the main broadband suppliers with a website link on how to switch on parental controls:

- Sky Broadband - https://www.sky.com/help/diagnostics/sky-broadband-shield/sky-broadband-shield
- BT Broadband - https://www.bt.com/help/security/how-to-keep-your-family-safe-online-with-bt-parental-controls-an
- Talk Talk Broadband - https://www.talktalk.co.uk/shop/security/homesafe
- PlusNet Broadband - https://www.plus.net/help/broadband/how-to-use-plusnet-safeguard/

For even more information on setting parental controls visit the Childnet.com website:
http://www.childnet.com/parents-and-carers/hot-topics/parental-controls